

# Chloroquine & Hydroxychloroquine

A Review of Pertinent Drug Information for SARS-CoV-2

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# Updates in this Presentation

## ❖ Efficacy Data:

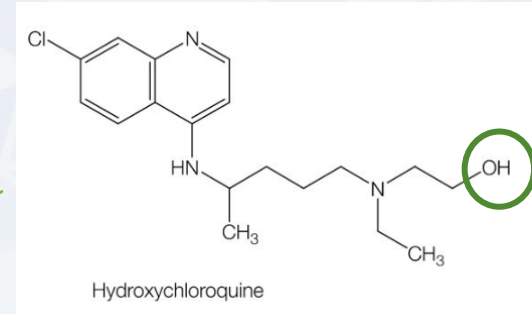
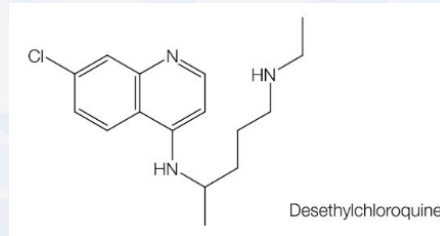
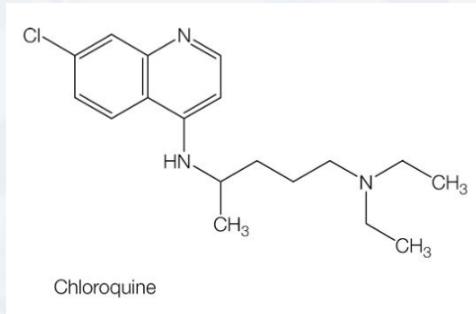
- ❖ Multicenter RCT HCQ ± Azithromycin in hospitalized patients
- ❖ RECOVERY Trial Specifics

## ❖ Safety data

- ❖ From Multicenter RCTs

# First things First

# Chloroquine vs. Hydroxychloroquine



Both possess antiviral activity and are metabolized to the **same active metabolites**. The proportion of metabolite conversion may vary and the relative activity of parent compound vs. metabolite is unknown.

# Dosing (According to the PI)

## • Hydroxychloroquine

200 mg tablet (salt form) = 155 mg base  
*As little as 1-2 grams have proved fatal*

Indication	Dose
Malaria Treatment	<u>Adults</u> : LD 800 mg x1 then 400mg daily x 3 (first dose 6-8h after load) <u>Peds (≥6 years)</u> : 10mg base/kg x1 then 5mg base/kg x3 (first dose 6h after load)
Rheumatoid arthritis	400-600 mg daily, administered as a single or divided daily dose
Lupus erythematosus	400 mg once or twice daily

## • Chloroquine

500 mg tablet (salt form) = 300 mg base  
*As little as 1 g may be fatal in children*

Indication	Dose
Malaria Treatment	<u>Adults</u> : LD 1000 mg x1 then 500mg x3 at 6h, 24h, 36h <u>Peds (≥6 years)</u> : 10mg base/kg x1 then 5mg base/kg x3 (first dose 6h after load)



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Plaquenil [Hydroxychloroquine] Package Insert. Last revised Aug 26, 2019.

<http://products.sanofi.ca/en/plaquenil.pdf>.

Aralen [Chloroquine] Package Insert. Last Revised 2017.

# HCQ Dosing in COVID-19

Citation	Loading dose	Total daily dose	Regimen	EUA Retracted 6.15.20
<del>FDA</del>	<del>yes</del>	<del>400 mg</del>	<del>800 mg x1 day then 400mg x 4-7 days</del>	
Yao et al ( <i>in vitro</i> ) NCT 04341727	yes	400 mg	400 mg BID x1 day then 200mg BID x4 days	
Gautret et al	no	600 mg	200 mg TID x 10 days	
Arshad et al	yes	400 mg	400 mg BID x1 day then 200 mg BID x4 days	
Cavalcanti et al	no	800 mg	400 mg BID x7 days	
RECOVERY	Yes	1600 mg	800mg x 2 (on day 1) then 400 mg BID x 9 days	

U.S. Food and Drug Administration (FDA). <https://www.fda.gov/media/136537/download>. Accessed 4.13.20

Yao X et al. Clin Infect Dis 2020 Mar 9. doi: 10.1093/cid/ciaa237

Gautret et al. Int J Antimicrob Agents. 2020 Mar 20. doi: 10.1016/j.ijantimicag.2020.105949

Arshad S et al. Jul 2 2020. IJID. <https://doi.org/10.1016/j.ijid.2020.05.099>

Cavalcanti et al. Jul 23 2020. NEJM. DOI: 10.1056/NEJMoa2019014

<https://www.fda.gov/media/138945/download>. Accessed 6.15.20

Horby et al. Jul 15 2020. medRxiv. <https://doi.org/10.1101/2020.07.15.20181852>



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# CQ Dosing in COVID-19

Citation	Loading dose	Total daily dose	Regimen
FDA	yes	1000 mg	1000 mg x1 day then 500 mg daily x4-7 days
Liu et al	no	1000 mg	500 mg BID up to 10 days
NCT04328493 Vietnam	yes	500mg	1200mg x 1 day then 500 mg daily (300mg base) x 9 days
NCT04333628 Israel	no	125 – 1000 mg	125 mg daily (low dose) OR 500 mg BID x7 days
NCT04323527 Brazil	yes/no	450 – 1200 mg	450 mg BID x 1 day then 450 mg daily x 4days (low dose) 600 mg BID x 10 days
NCT04341727 U.S.A.	yes	1000 mg	1000 mg x1 then 500 mg BID x 5 days total
NCT 04340544	no	600 mg	600mg daily x 7 days

**EUA Retracted  
6.15.20**



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Liu et al. 13 Feb 2020. <http://www.chictr.org.cn/showproj.aspx?proj=49263>.  
<https://clinicaltrials.gov/ct2/show/record/NCT04328493>. Accessed 4.13.20  
<https://clinicaltrials.gov/ct2/show/NCT04341727>. Accessed 4.13.20  
<https://clinicaltrials.gov/ct2/show/NCT04333628>. Accessed 4.13.20  
<https://clinicaltrials.gov/ct2/show/NCT04323527>. Accessed 4.13.20  
<https://www.fda.gov/media/138945/download>. Accessed 6.15.20

# Mechanism of Action

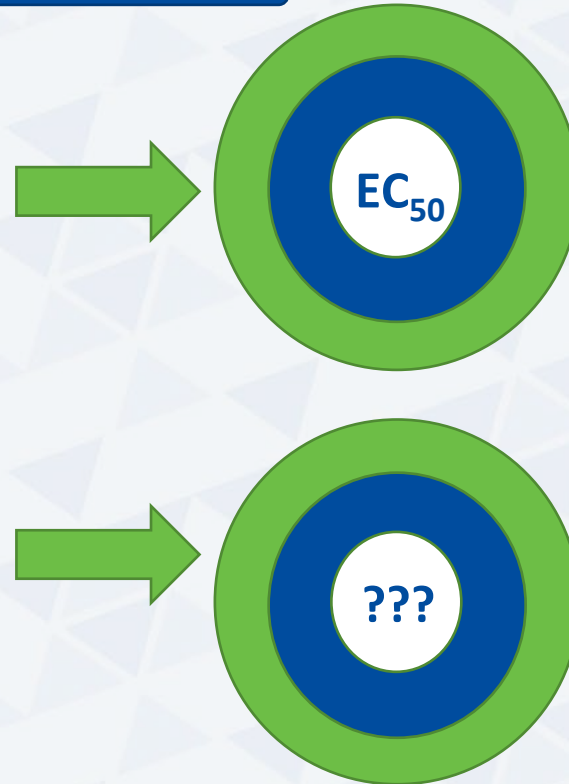
- **Direct antiviral activity**

- Intracellular alkalization inhibits pH-dependent steps of viral replication
- Impaired viral receptor glycosylation

- **Immune modification**

- Reduces cytokine production, especially IL-1 and IL-6
- Inhibits toll-like receptor (TLR) signaling

PD Target

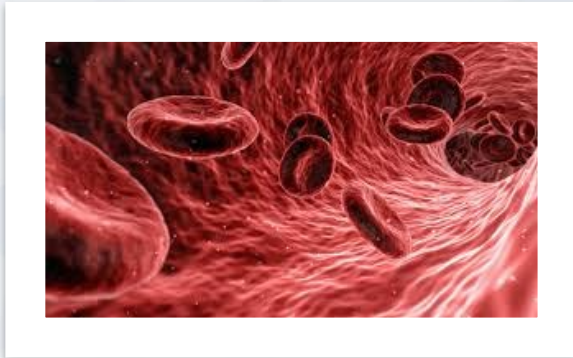


EC<sub>50</sub>: Drug concentration required to achieve 50% of maximum observed SARS-CoV-2 elimination

# HCQ Dosing and Pharmacokinetics

- Hydroxychloroquine

- $V_D = 2,851 \pm 2,147$  liters<sup>Lim</sup>
- $T_{1/2} = 5-40$  days<sup>Perinel</sup>
- Serum trough concentrations: 0 – 2 mg/L<sup>Perinel</sup>



vs.





# Toxicity: QTc Prolongation

Design	Single center retrospective investigation
Sites	Boston Massachusetts, Mar 1 – Apr 7, 2020
Inclusion	N = 90 Inpatients, +SARS-CoV2 PCR, ≥1 day of HCQ

N = 90



HCQ (n = 37)  
400 mg BID day 1  
400 mg daily x 4 days

HCQ + Azith (n = 53)

Initial QTc (ms)		Post-Treatment Peak (ms)	QTc > 500 ms	Δ QTc ≥ 60 ms
474 (454-487)	Δ QTc = 5.5	480 (444-502)	19%	3%
442 (427-461)	Δ QTc = 23	458 (449-492)	21%	13%



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# Incidence of Cardiac Toxicity Across Randomized Studies

Study	Relevant exclusions	QTc Prolongation			Cardiac Toxicity				
		HCQ	SOC			HCQ	SOC		
<b>RECOVERY</b> 1561 HCQ 3155 SOC	Pts with known prolonged QTc	Not reported			<b>SVT</b> <b>Vtach/fib</b> <b>AV block</b> <b>TdP</b>	6.9% 0.9% 0.1% 1 case	5.9% 0.7% 0.1% 0 cases		
<b>Cavalcanti et al</b> 239 HCQ + Azith 199 HCQ 177 Control* *neither HCQ nor Azith	History of severe Vtach or QTc ≥ 480	<b>HCQ + Azith</b>	<b>HCQ</b>	<b>Control</b>		<b>HCQ + Azith</b>	<b>HCQ</b>	<b>Control</b>	
		QTc > 480/Number Tested							
		17/116 (15%)	13/89 (15%)	1/58 (2%)	<b>Arrhythmia</b>	1.3%	1.5%	0.6%	
					<b>SVT</b>	0.4%	1%	0%	
					<b>Vtach</b>	0%	0%	0%	
				<b>MI</b>	0.4%	0%	0%		
<b>Lofgren et al</b> 3 RCTs for PrEP, PEP, PET 495 HCQ 2x weekly 494 HCQ 1x weekly 494 Placebo	Known prolonged QT Meds for Arrhythmia Structural or ischemic heart disease Family history of >QT Meds that prolong QT	<b>HCQ</b>	<b>Placebo</b>			<b>HCQ 2x</b>	<b>HCQ 1x</b>	<b>Placebo</b>	
		Not collected			<b>Arrhythmia</b>	1 (0.2%)	0 (0%)	1 (0.2%)	

Cavalcanti et al. Jul 23 2020. NEJM. DOI: 10.1056/NEJMoa2019014

Horby et al. Jul 15 2020. medRxiv. <https://doi.org/10.1101/2020.07.15.20151852>

Lofgren et al. Jul 23 2020. medRxiv. doi.org/10.1101/2020.07.16.20155531

# Incidence of Cardiac Toxicity Across Randomized Studies

Study	Relevant exclusions	QTc Prolongation			Cardiac Toxicity			
		HCQ	SOC		HCQ	SOC		
<b>RECOVERY</b> 1561 HCQ 3155 SOC	Pts with known prolonged QTc	Not reported			SVT	6.9%	5.9%	
					Vtach/fib	0.9%	0.7%	
					AV block	0.1%	0.1%	
					TdP	1 case	0 cases	
<b>Cavalcanti et al</b> 239 HCQ + Azith 199 HCQ 177 Control* *neither HCQ nor Azith		17/116 (15%)	13/89 (15%)	1/58 (2%)	SVT	0.4%	1%	0%
					Vtach	0%	0%	0%
					MI	0.4%	0%	0%
<b>Lofgren et al</b> 3 RCTs for PrEP, PEP, PET 495 HCQ 2x weekly 494 HCQ 1x weekly 494 Placebo	Known prolonged QT Meds for arrhythmia Structural or ischemic heart disease Family history of >QT Meds that prolong QT	HCQ	Placebo		HCQ 2x	HCQ 1x	Placebo	
		Not collected			Arrhythmia	1 (0.2%)	0 (0%)	1 (0.2%)

**Cardiac toxicity was a low frequency event and no different between HCQ and Control arms**

# Available Data

**Mar 6:** Chen J et al.  
1<sup>st</sup> clinical data  
published HCQ  
(N = 30)

**Mar 27:** Gautret et al.  
HCQ + Azith  
observational study  
(N = 80)

**Apr 10:** Chen et al. **Apr 23:** Magagnoli et al.  
RCT HCQ + SOC vs. Retrospective  
SOC alone multicenter VA study  
(N = 62) (N = 368)

**Jun 5:**  
RECOVERY trial, RCT  
stops enrolling HCQ  
(N = 1542)

**Jul 23:** Cavalcanti et  
al.

RCT HCQ ± Azith  
in mild/mod  
disease (N = 667)

**Mar 17:** Gautret et al.  
HCQ + Azith  
(N = 36)

**Mar 28:** Molina et al.  
No evidence for  
HCQ + Azith in  
severe infection  
(N = 11)

**Apr 14:** Tang et al.  
RCT HCQ + SOC  
vs. SOC alone  
(N = 150)

**May 11:** Rosenberg et al.  
Retrospective  
multicenter NY study  
(N = 1438)

**Jul 1:** Arshad et al.  
Retrospective  
multicenter Detroit  
study  
(N = 2541)



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<https://www.recoverytrial.net/news/statement-from-the-chief-investigators-of-the-randomised-evaluation-of-covid-19-therapy-recovery-trial-on-hydroxychloroquine-5-june-2020-no-clinical-benefit-from-use-of-hydroxychloroquine-in-hospitalised-patients-with-covid-19> [Accessed 6.8.20]

J Zhejiang Univ (Med Sci) 2020, Vol. 49 Issue (1): 0-0 DOI: 10.3785/j.issn.1008-9292.2020.03.03

International Journal of Antimicrobial Agents – In Press 17 March 2020 DOI : 10.1016/j.ijantimicag.2020.105949

Médecine et Maladies Infectieuses 28 Mar 2020 <https://doi.org/doi:10.1016/j.medmal.2020.03.006>

Chen et al. MedRxiv April 10, 2020. doi.org/10.1101/2020.03.22.20040758

Bhimraj et al. 11 April 2020 <https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/>

Tang et al. MedRxiv. 14 April 2020. <https://doi.org/10.1101/2020.04.10.20060558>

Magagnoli et al. April 23, 2020. doi.org/10.1101/2020.04.16.20065920

Arshad S et al. Jul 2 2020. IJID. <https://doi.org/10.1016/j.ijid.2020.06.099>

Cavalcanti et al. Jul 23 2020. NEJM. DOI: 10.1056/NEJMoa2019014

<https://www.fda.gov/media/138945/download>. Accessed 6.15.2a0

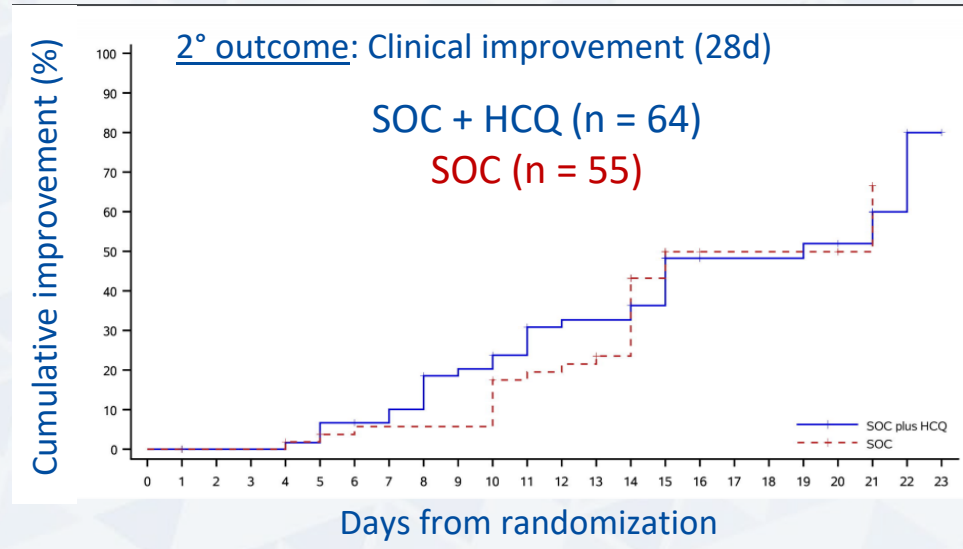
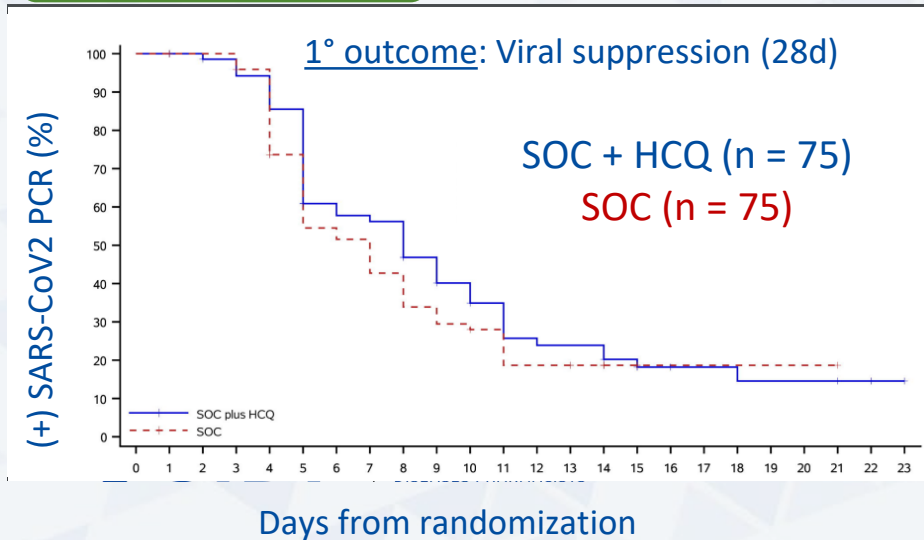
Horby et al. Jul 15 2020. medRxiv. <https://doi.org/10.1101/2020.07.15.20151852>

# HCQ in COVID-19, An open-label RCT

Design	Multicenter, parallel, open-label, randomized
Sites	16 centers in China (Feb 2020)
Intervention	Treatment: HCQ 1200 daily x 3 days then 800 mg daily x 2-3 weeks + SOC vs. SOC alone

16.6 days from onset to randomization

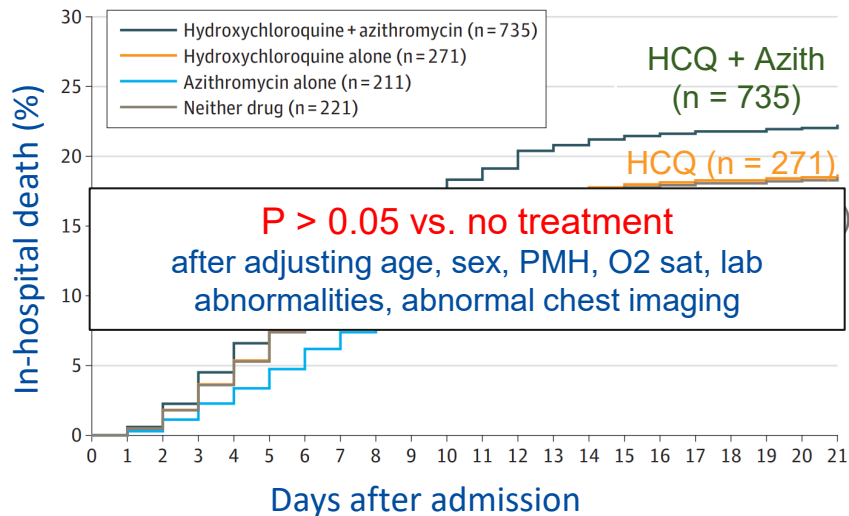
Tang et al. MedRxiv. 14 April 2020. doi.org/10.1101/2020.04.10.20060558



# HCQ in COVID-19, New York City Data

Design	Retrospective, multicenter cohort of COVID-19 inpatients
Sites	25 Hospitals in New York Metropolitan Region (Mar 15-28, 2020) N = 7914 patients identified □ 2362 randomly selected (30% per hospital) □ 1475 abstracted
Intervention	4 Treatment Arms: Hydroxychloroquine + Azithromycin (51%) / Hydroxychloroquine

## 1° outcome: In-Hospital Mortality



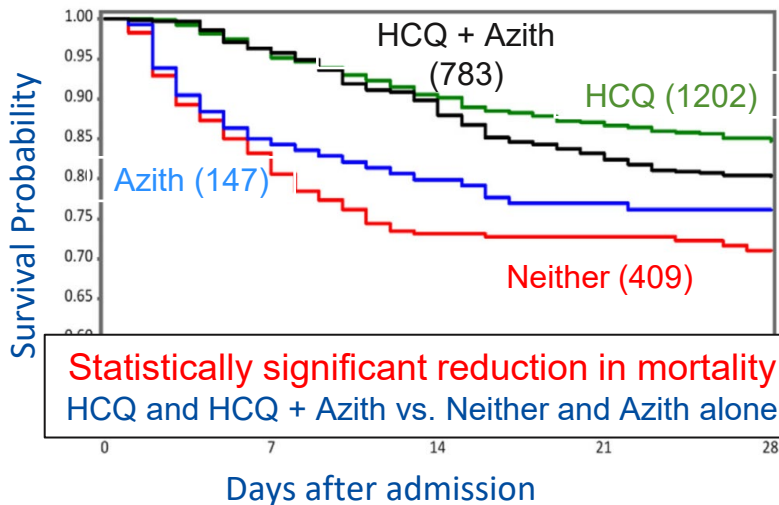
## 2° outcomes: Cardiac arrest, Arrhythmia, Prolonged QTc

Outcome (OR, 95% CI)	HCQ + Azithromycin	HCQ	Azithromycin	HCQ
<b>Comparator</b>	neither drug	neither drug	neither drug	azithromycin
<b>Cardiac arrest</b>	2.13 (1.12-4.05)	1.91 (0.96-3.81)	0.64 (0.27-1.56)	1.92 (0.99-3.74)
<b>Abnormal ECG</b>	1.55 (0.89-2.67)	1.50 (0.88-2.58)	0.95 (0.47-1.94)	1.58 (0.77-3.24)

# HCQ in COVID-19, Detroit Data

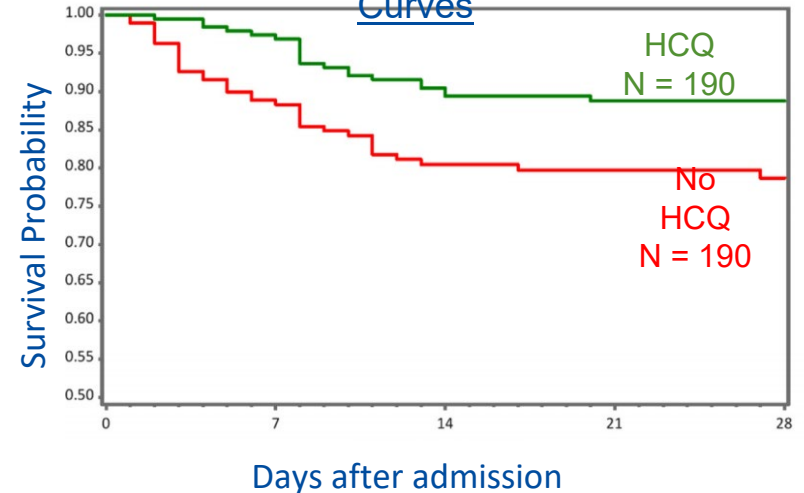
<b>Design</b>	Retrospective, multicenter cohort of COVID-19 inpatients
<b>Sites</b>	6 Hospitals in Southeast Michigan (Mar 10 – May 2, 2020) -- N = 2541 patients
<b>Intervention</b>	4 Treatment Arms: Hydroxychloroquine + Azithromycin (783) / Hydroxychloroquine (1202)

## 1° outcome: In-Hospital Mortality



Study Arm	Use of Dexamethasone
HCQ + Azith	74%
HCQ	79%
Azith	39%
Neither	36%

## Propensity-Matched Kaplan-Meier Survival Curves



# RECOVERY Trial:

## Randomized Evaluation of COVID-19 thERapY

### Randomization A

- No treatment
- Lopinavir/r
- Corticosteroids
- HCQ\*
- Azithromycin

### Randomization B

- No additional treatment
- Convalescent Plasma

### 2<sup>nd</sup> Randomization for progressive dz

- No additional treatment
- Tocilizumab

±

±

\*HCQ Dose: 800mg then 800mg after 6h then 400mg q12h x 9 days

5% of participants underwent 2<sup>nd</sup> randomization



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# RECOVERY Trial: Press Release<sup>6.5.20</sup> Preprint<sup>7.15.20</sup>

## No Clinical Benefit from use of HCQ

### Enrollment

- No treatment (n = 3132)
- Lopinavir/r
- Corticosteroids
- HCQ (n = 1542)
- Azithromycin

	HCQ N = 1561	Control N = 3155
Age	65	65
Female	38%	37%
Any Comorbidities	57%	57%
DM	27%	27%
Heart disease	27%	25%
Lung disease	21%	23%
O <sub>2</sub> Supplementation	60%	59%
Mech vent/ECMO	17%	17%
No O <sub>2</sub> Supplement	23%	24%
Median tx duration	6 (IQR 3-10)	--
Azithromycin	17%	19%
Dexamethasone	8%	9%

### 28-day mortality

- No treatment (23.5%)
- HCQ (25.7%)

**HR = 1.11**  
**95% CI [0.98-1.26]**

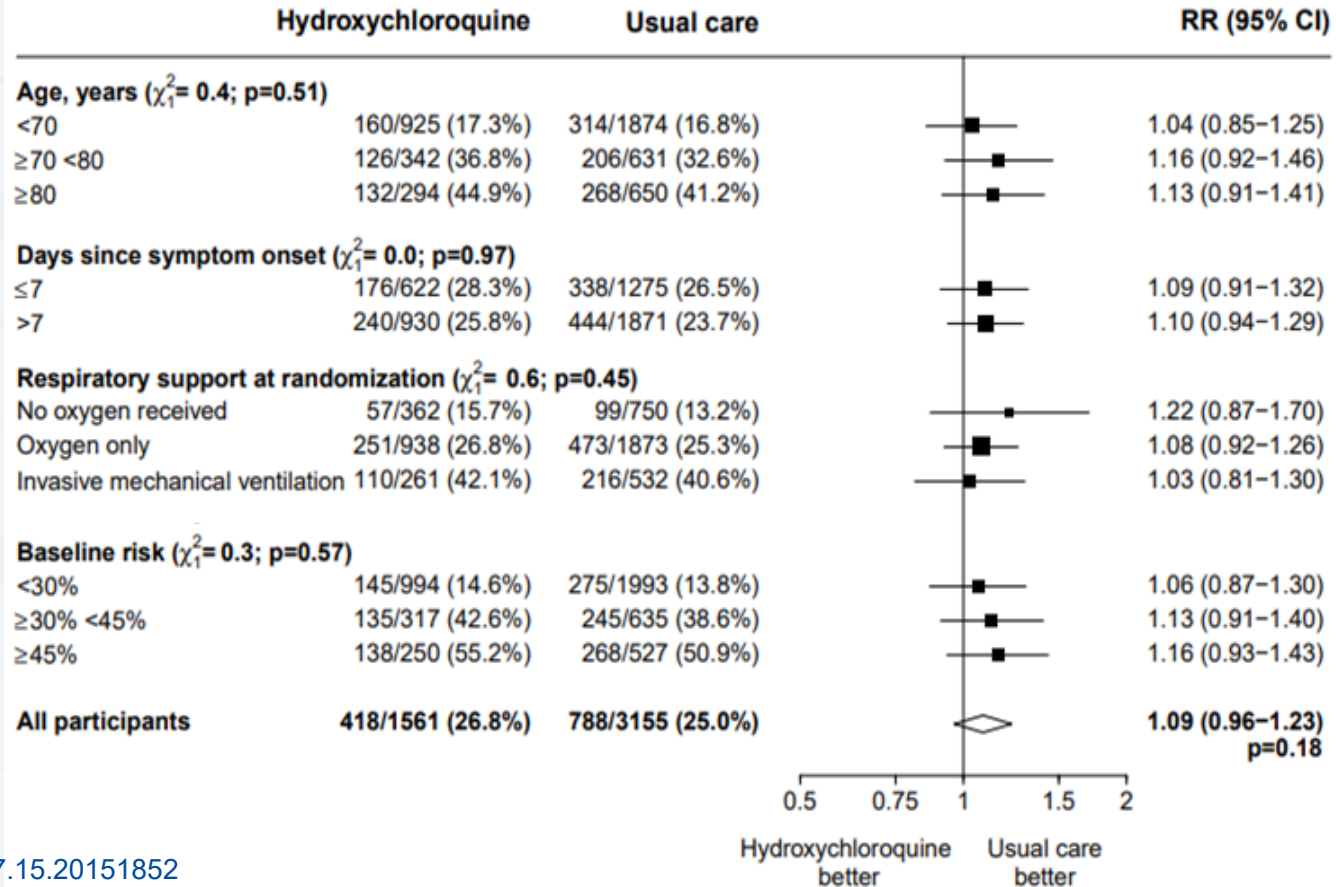
<https://www.recoverytrial.net/files/recovery-protocol-v6-0-2020-05-14.pdf>  
Accessed 6.8.20  
Horby et al. Jul 15 2020. medRxiv.  
<https://doi.org/10.1101/2020.07.15.20151852>



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# RECOVERY Trial: Study Details

Effects of allocation to HCQ on 28-day mortality



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# HCQ ± Azithromycin in Mild-Moderate COVID19

Multicenter, randomized, open-label trial

Patients

**INCLUDED**

≥ 18 years old  
 ≤ 14d from onset  
 O<sub>2</sub> < 4L/min

**EXCLUDED**

Use of CQ, HCQ Use of macrolide  
 QTc > 480  
 h/o severe Vtach

Treatment Groups

**HCQ + Azith**<sup>N=217</sup>

HCQ: 400 mg BID x 7d  
 Azith: 500mg daily x 7d

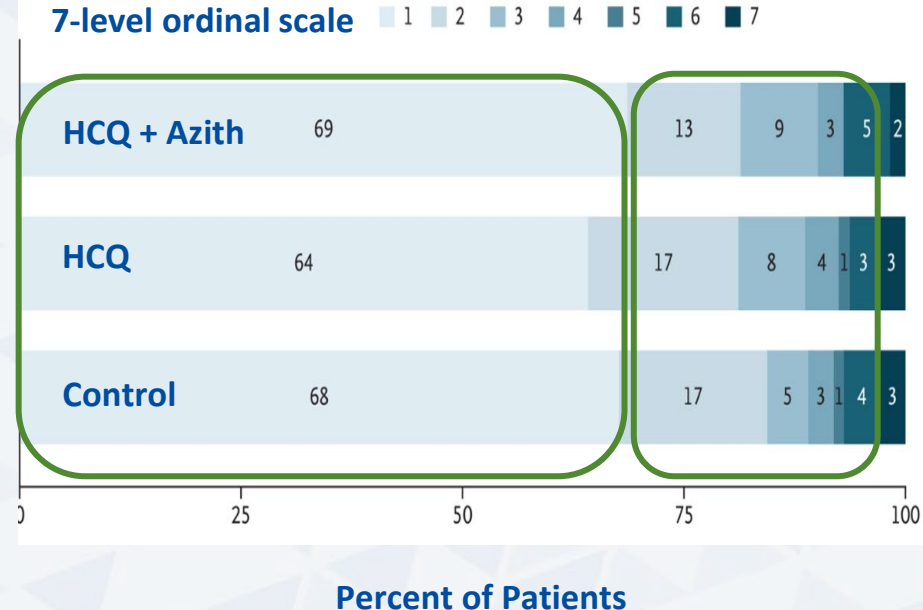
**HCQ**<sup>N=221</sup>

400 mg BID x 7d

**CONTROL**<sup>N = 227</sup>

Immunomodulators ± Steroids ±  
 Abx ±Antivirals

Clinical Status on Day 15



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# HCQ in Non-hospitalized Adults

Annals of Internal Medicine

ORIGINAL RESEARCH

## Hydroxychloroquine in Nonhospitalized Adults With Early COVID-19

### A Randomized Trial

Caleb P. Skipper, MD; Katelyn A. Pastick, BSc; Nicole W. Engen, MS; Ananta S. Bangdiwala, MS; Mahsa Abassi, DO, MPH; Sarah M. Lofgren, MD; Darlisha A. Williams, MPH; Elizabeth C. Okafor, BSc; Matthew F. Pullen, MD; Melanie R. Nicol, PharmD, PhD; Alanna A. Nascene, BA; Kathy H. Hullsiek, PhD; Matthew P. Cheng, MD; Darlette Luke, PharmD; Sylvain A. Lothar, MD; Lauren J. MacKenzie, MD, MPH; Glen Drobot, MD; Lauren E. Kelly, PhD; Ilan S. Schwartz, MD, PhD; Ryan Zarychanski, MD, MSc; Emily G. McDonald, MD, MSc; Todd C. Lee, MD, MPH; Radha Rajasingham, MD; and David R. Boulware, MD, MPH

**Background:** No effective oral therapy exists for early coronavirus disease 2019 (COVID-19).

**Objective:** To investigate whether hydroxychloroquine could reduce COVID-19 severity in adult outpatients.

**Design:** Randomized, double-blind, placebo-controlled trial conducted from 22 March through 20 May 2020. (ClinicalTrials.gov: NCT04308668)

**Setting:** Internet-based trial across the United States and Canada (40 states and 3 provinces).

**Participants:** Symptomatic, nonhospitalized adults with laboratory-confirmed COVID-19 or probable COVID-19 and high-risk exposure within 4 days of symptom onset.

**Intervention:** Oral hydroxychloroquine (800 mg once, followed by 600 mg in 6 to 8 hours, then 600 mg daily for 4 more days) or masked placebo.

drome coronavirus 2 (SARS-CoV-2) or epidemiologically linked exposure to a person with laboratory-confirmed infection; 56% (236 of 423) were enrolled within 1 day of symptoms starting. Change in symptom severity over 14 days did not differ between the hydroxychloroquine and placebo groups (difference in symptom severity: relative, 12%; absolute,  $-0.27$  points [95% CI,  $-0.61$  to  $0.07$  points];  $P = 0.117$ ). At 14 days, 24% (49 of 201) of participants receiving hydroxychloroquine had ongoing symptoms compared with 30% (59 of 194) receiving placebo ( $P = 0.21$ ). Medication adverse effects occurred in 43% (90 of 211) receiving hydroxychloroquine versus 10% (21 of 211) receiving placebo ( $P < 0.001$ ). With placebo, 10 hospitalizations occurred (2 non-COVID-19-related), including 1 hospitalized death. With hydroxychloroquine, 4 hospitalizations occurred plus 1 nonhospitalized death ( $P = 0.29$ ).

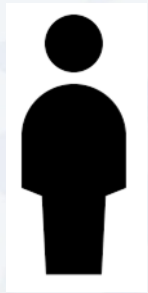
**Limitations:** Only 58% of participants received SARS-CoV-2 testing because of severe U.S. testing shortages.

### Limitations

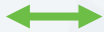
*Only 58% of participants received SARS-CoV-2 testing because of severe U.S. testing shortages*

# RCT HCQ for Post-Exposure Prophylaxis

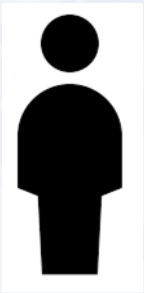
Design	Multicenter, double-blind, placebo-controlled trial
Sites	US and Canada
Outcomes	New COVID-19 infection: HCQ (11.8%) Placebo (14.3%) [-2.4% (-7.0%,2.2%)]



< 6 ft



> 10 min



Randomized  
≤ 4 days of  
exposure



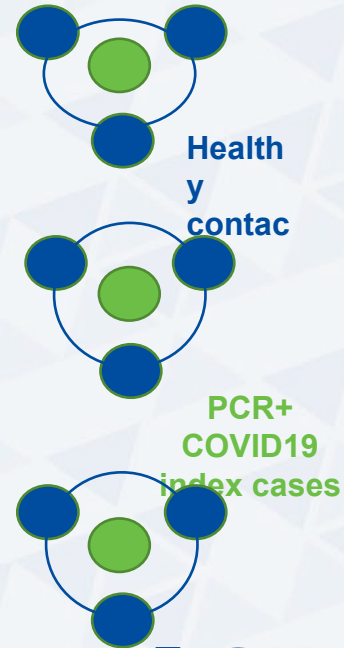
**HCQ (n = 365)**  
800mg x1,  
then 600 mg in 6-8h,  
then 600 mg daily x 4 days

**Placebo (n = 354)**

### Outcomes

<b>Confirmed</b> n = 16	Positive SARS-CoV2 PCR
<b>Probable</b> n = 74	Cough, SOB, difficulty breathing OR ≥2 fever, chills, rigors, myalgia, HA, sore throat, olfactory/taste disorder
<b>Possible</b> n = 13	≥1 of the symptoms compatible with COVID-19

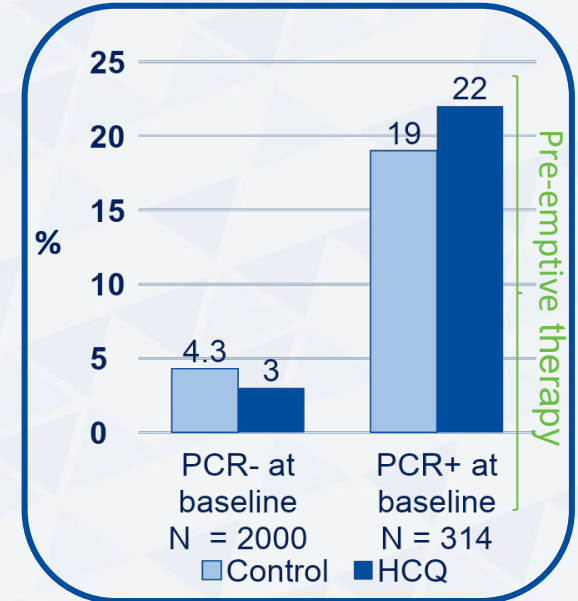
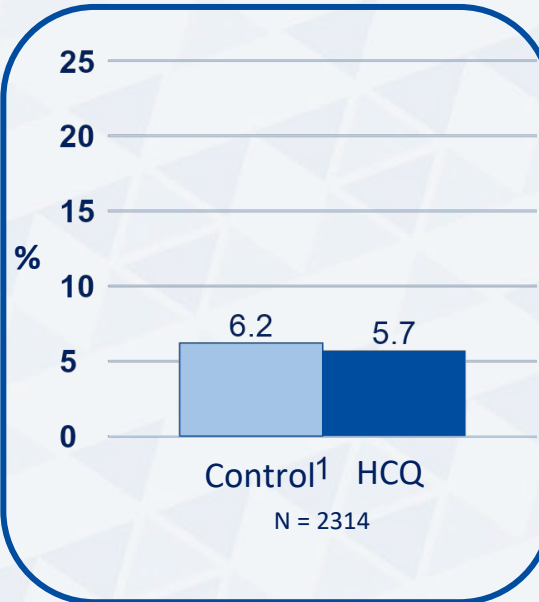
# A Cluster RCT of HCQ to Prevent COVID19 Transmission & Disease



**CONTROL**  
334 Clusters  
N = 1300  
ITT: 1198

**HCQ\***  
338 Clusters  
N = 1225  
ITT: 1116

## PCR Positive & Symptomatic within 14 days



\*HCQ Dose: 800mg x1 then 400 mg daily x 6 days

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# Summary

- RCTs show no evidence of clinical benefit of HCQ in hospitalized patients with COVID-19
- Cluster RCT showed no evidence of clinical benefit of HCQ as post-exposure prophylaxis or early pre-emptive therapy
- We have seen harm: overdose and QTc prolongation. In RCT data, rates of cardiac toxicity were no different between HCQ and control arms
- Retrospective studies have shown possible benefit – which gives hint that just maybe there are specific populations whom this drug may help and/or that placebo is an effective therapeutic